

Booking Form

Course Title:

Treating and Taming OCD

Date:

Thursday 13th March 2025

Venue:

Virtual via MS Teams

Timings:

9:00am Registration

9:30am Start

12:30pm Close & Lunch

Course Fee: £250.00

This course is suitable for Psychiatrists, Nurses, Occupational Therapists, GPs and Psychotherapists and is worth **3 CPD** points.

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title.....First Name.....

Surname.....Job Title.....

Speciality.....

Trust/Organisation.....

Work Telephone.....Mobile.....

Email.....

Dietary.....Other.....

Signature.....Date.....

BOOKING & PAYMENT OPTIONS

COURSE FEE: £250.00

ONLINE: Please visit www.andrewsimscentre.nhs.uk and pick the course you would like to attend to book and pay.

TELEPHONE: With debit or credit card 0113 855 5638

INVOICE: Please send a copy of Purchase Order with delegate details/Trust/PO Number to andrewsimscentre.lypft@nhs.net

LYPFT INTERNAL TRANSFER & STUDY LEAVE Please email andrewsimscentre.lypft@nhs.net with the following information:

Budget Holder Name & Email.....

Budget Code.....

Budget Holder Signature.....

Budget Transfer will occur in **MARCH** 2024

ALL PAYMENTS MUST BE RECEIVED IN ADVANCE OF EVENT

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee. We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. For further information on the conditions of booking, please [click here](#).

FURTHER INFORMATION

The Andrew Sims Centre is part of Leeds and York Partnership NHS Foundation Trust. Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law. If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

Booking Flyer

About this course

OCD remains a challenging condition to treat. NICE guidelines recommend using a combination of CBT and medication in severe cases. The presentation will highlight the importance of formulation in managing OCD, whether you are using pharmacological or psychological interventions, through detailed cases studies

Course Objectives

After attending this course you will be able to:

- Understand different presentations of OCD
- Understand the psychological theories underpinning treatment
- Formulation, and skills in psychological interventions

About our speaker

Dr Saju, FRCPsych has over 30 years of experience in general adult psychiatry. He has dual qualifications in General Psychiatry and Psychotherapy. Having originally trained in Psychiatry from India, he has been working as a consultant psychiatrist in the NHS from 2002, in various places in Yorkshire.

In 2006, he went on to do higher training in medical psychotherapy, majoring in CBT in 2009. He also completed MSc in Systemic Family therapy. He has worked as a consultant in medical psychotherapy and medical psychotherapy tutor from 2009. He has trained and supervised psychiatric trainees in CBT, and has considerable experience with OCD, and related disorders. Currently he is the medical psychotherapy tutor at Wakefield.

Currently he also works as consultant Liaison Psychiatrist at Airedale General Hospital, Keighley. He has a passion to integrate medical and psychological treatment, and uses CBT as well as skills from other psychotherapy modalities.