

Essentials: Understanding and working with Eating Disorders

Date: Wednesday 5th March 2025

Venue: Leeds Venue TBC

Timings:

09.00pm Registration

09.30am Welcome

01.00pm Close

Course Fee

£250.00

Accreditation

This course is eligible for **3 CPD** hours subject to your peer group approval.

Suitability

Anyone who works with patients with an eating disorder

The Venue

Virtual Event via MS Teams

T: 0113 85 55638

E: andrewsimscentre.lypft@nhs.net

W: andrewsimscentre.nhs.uk

About this course

The purpose of this talk is to enhance understanding of eating disorders, including what they are, how they might develop, and the medical risks associated with them. We'll discuss key signs and symptoms to look out for if you suspect someone may be struggling and explore practical skills to feel more confident in offering support.

Course Objectives

After attending this course you will be able to:

- **Enhanced Understanding of Eating Disorders:** Attendees will gain a clearer understanding of what eating disorders are, how they may develop, and the medical and psychological risks associated with them.
- **Be able to recognise key signs and symptoms:** Attendees will learn to identify warning signs of eating disorders and understand when to act if they suspect someone is struggling.
- **Practical skills for supporting Others:** Attendees will leave with effective communication strategies and actionable skills to confidently support individuals with eating disorders in a compassionate and informed way within their workplace

About our speaker

Louise is the nurse consultant for CONNECT West Yorkshire's specialist eating disorder inpatient Unit. Louise has over 15 years experience working with eating disorders and is passionate about sharing her knowledge and expertise to be able to ensure more people are supported.

Beth is a Dietitian by background and is the Clinical lead for CONNECT: west Yorkshire Adult Eating Disorder Service, Beth has also working in Eating disorders for over 15 years both with children and adults, in both community and inpatients settings supporting patients in their recovery and to restore weight in a safe and manageable way.

Andrew Sims Centre Reservation Form

BOOKING CONFIRMATION

All bookings will be confirmed in writing via email. Further details including programme times and venue information, will be sent approximately 2 weeks prior to the event date via email. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee. We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time. For further information on the conditions of booking, please [click here](#).

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, by receiving our fortnightly e-newsletter, please tick []

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Your Details

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title:.....

First Name:.....

Surname:.....

Job Title:.....

Speciality:.....

Trust/Organisation:.....

Work Telephone:..... Mobile:.....

Email:.....

Dietary Requirements:.....

Other:.....

Signature:..... Date:.....

Payment Options

COURSE FEE: £250.00 []

ONLINE: Please visit www.andrewsimscentre.nhs.uk and pick the course you would like to attend to book and pay.

TELEPHONE: With debit or credit card 0113 855 5638

INVOICE: Please send a copy of Purchase Order with delegate details/Trust/PO Number to andrewsimscentre.lypft@nhs.net

LYPFT INTERNAL TRANSFER & STUDY LEAVE Please email andrewsimscentre.lypft@nhs.net with the following information:

Budget Holder Name.....

Budget Holder Email.....

Budget Code.....

Budget Holder Signature.....

Budget Transfer will occur in **MARCH 2025**